



## Ultimate V-M High Potency Multi-Nutrient Blend

**Ultimate V-M** is the balanced formulation for promotion of better health & an alkaline system. Most degenerative disease begins because our body is too toxic from acid forming foods & stress. When we take our daily vitamin supplement we need to do more than just take vitamins & minerals. We should have a digestible blend that contains vitamins, minerals, amino acids, enzymes, trace minerals, & supporting factors. This natural, nutrient rich formulation does just that. And like all of the products in this line, we know that instead of taking something that is acid forming into our body, we are taking an alkaline, high pH supplement.

The Vitamin C Complex and synergistic factors aid in carrying the nutrients to all parts of the body's systems. The digestive enzymes and high level of Lactobacillus aid in the total digestion of the nutrients and insure that they will not be eliminated in our stool. Additionally, these factors promote better digestion of the nutrients we obtain from our food all day.

Our formulation is in a base of natural, whole food extracts and contains eye support factors, super antioxidants, support for improved mental function & mood, natural energy boosters and sugar control factors. This is a well-balanced blend to support a healthy and active lifestyle in today's stressful environment. Naturally, we still need to eat balanced diets and drink plenty of high alkaline water. Since the modern food supply is missing many of the nutrients that we expect due to the commercial farming methods, the time spent in the warehouses, and the food processing, we must look to supplementation to truly supply all the body needs for functioning at peak levels and to boost the immune system.

This formulation also contains all of the lipotropic factors (choline, betaine hcl, inositol & methionine). Lipo- tropics prevent an abnormal accumulation of fat in the liver. Lipotropics increase production of lecithin by the liver thereby helping to keep cholesterol more soluble and lessening deposits in blood vessels. They also detoxify amines, which are by-products of protein metabolism and aide in converting fat into useful energy. By including the gymnema sylvestre and certain trace minerals, we also help promote level insulin function in the body.

Information on each ingredient in this formula are available. Just ask for the longer data sheet.

For more information call: **NEWtritional Health Care**; 256-757-0660 or 800-745-4408

"These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease."